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Bringing Joy to Love

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This book is dedicated to:

The biggest inspirations in my life,
my amazing daughters,
Alexa and Megan.

And to the most incredible husband
I could have asked for,
Sergio.



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My name is Joy

Did you know that there
are different kinds of love?



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Love can be very confusing, especially as we get older. There are two kinds of love:

Ego
Love



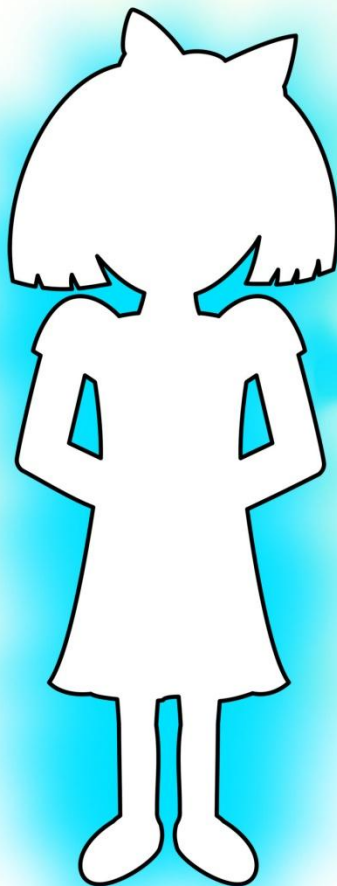
and

Universal
Love





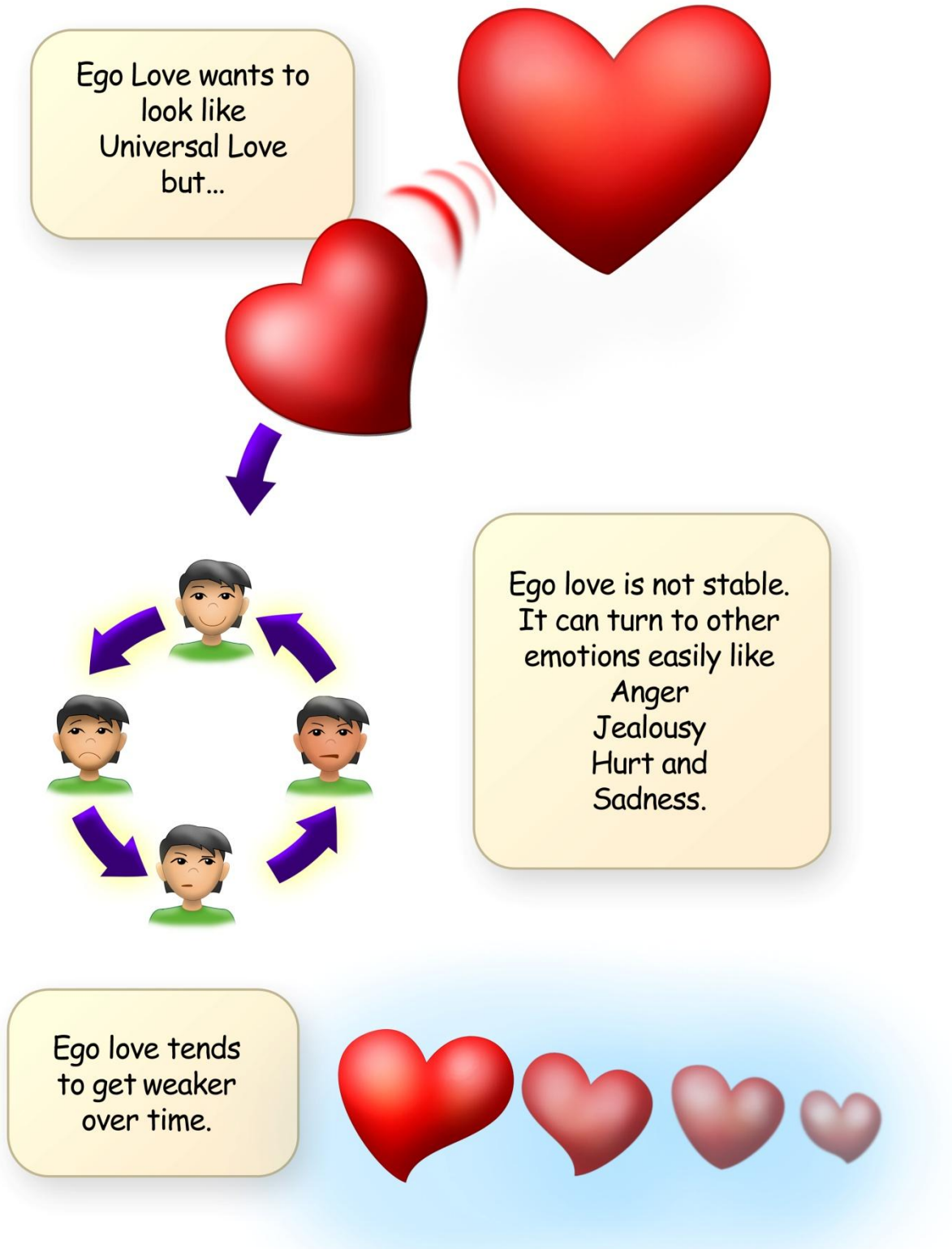
The bigger, more important part of us is our spirit or soul. Universal Love comes from our spirit.




Our spirits are connected to source energy of God.

It's what creates everything good in our world.

There is a big difference between love that is coming from the ego and love that is coming from the spirit.





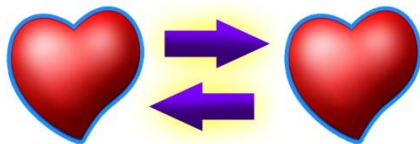
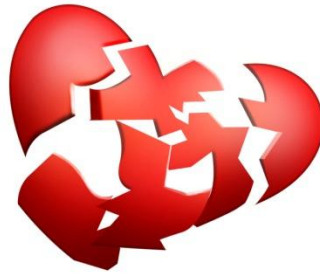
Universal Love is coming from Source,
so it's the most stable kind of
love. It lasts a long time,
like FOREVER!

It is accepting and always kind. It is joy and
it brings peace. Universal Love is also
called Unconditional Love, because it does
not judge.

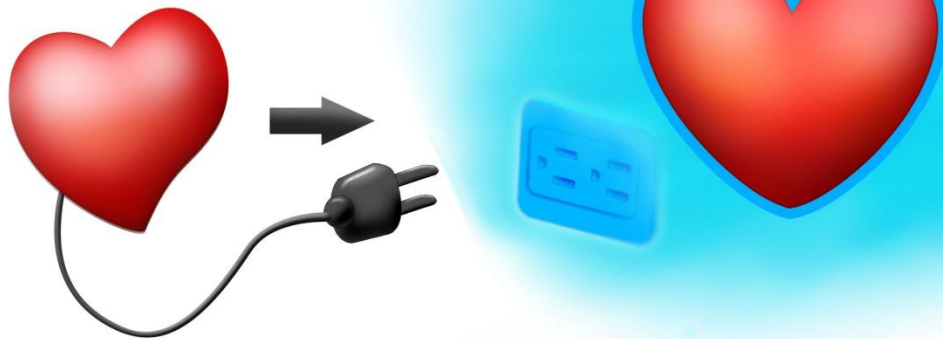


Universal Love
is strong and
won't break.

Ego Love is fragile
and can easily
shatter. It will
often make you cry.



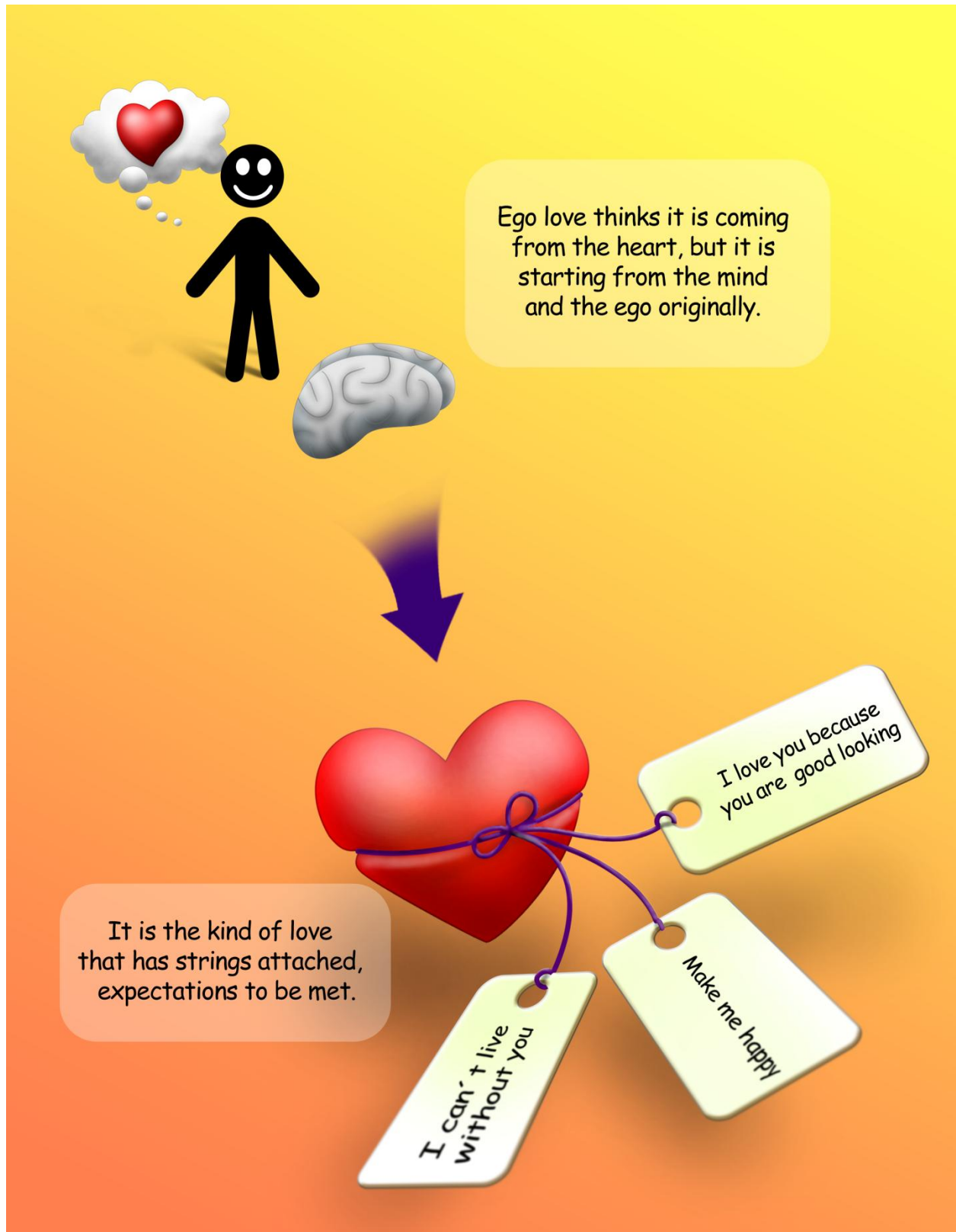
Whereas Universal Love
always makes you feel
good and happy, both in
giving it and in receiving it.

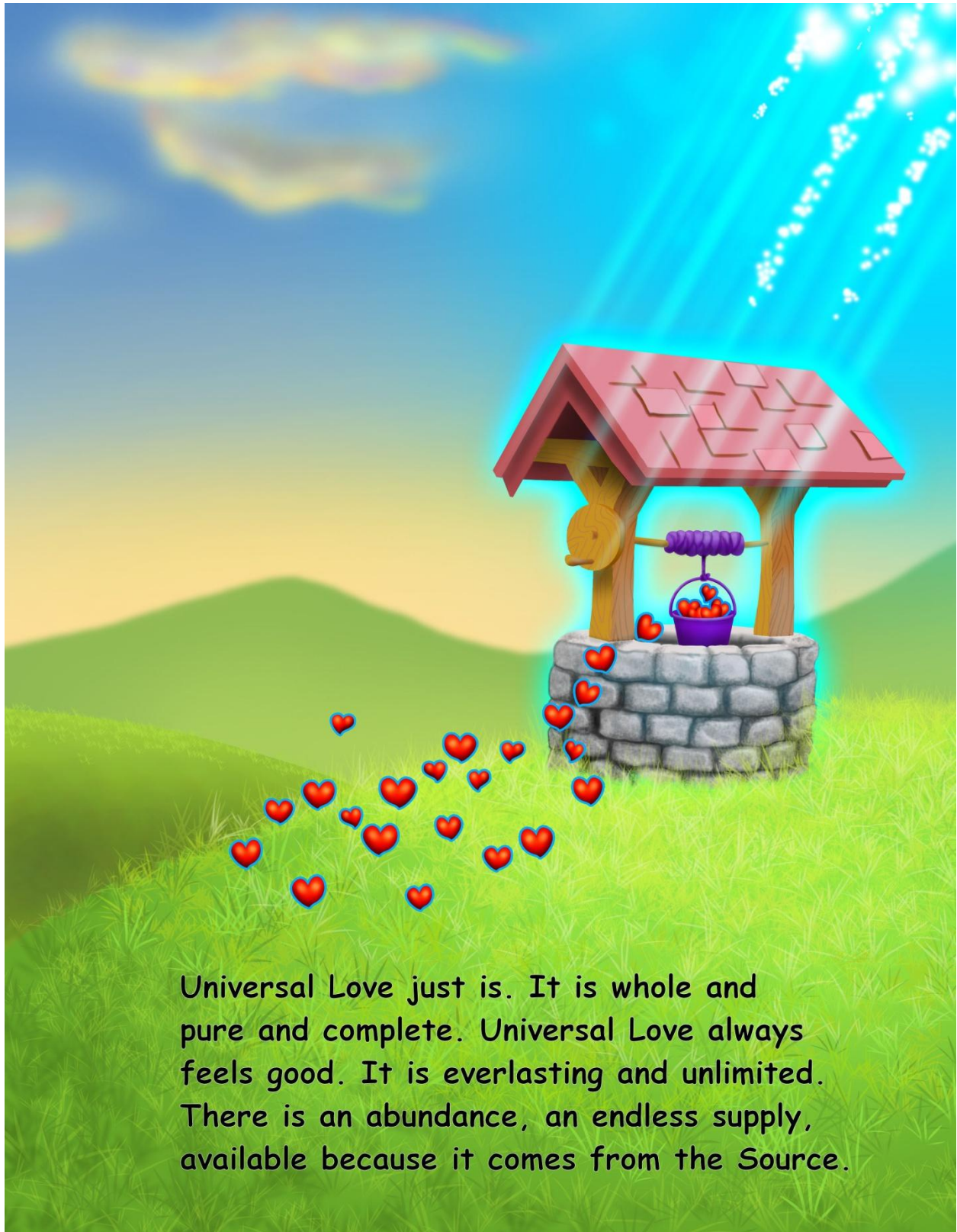


It is possible that ego love can turn into Universal Love if someone realizes that their love is ego based and they learn to connect to their Source.



Universal Love can never turn into ego love because it's already at a higher level. It is coming from the Source of All as an extension through your heart.





Universal Love just is. It is whole and pure and complete. Universal Love always feels good. It is everlasting and unlimited. There is an abundance, an endless supply, available because it comes from the Source.

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You will feel good by giving love. By giving it, you will also receive it.



It is important to give **yourself** lots of love too. Be kind to yourself and you will be able to love others more.

Love is what makes the world go around. It is good to fill your life with lots of Universal love because...



Love is the best thing in the Universe!

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Bringing Joy to Love



What have you learned?

What happens when you give Love to others?

How can you bring more Universal Love in your life?

If you liked this book, then you'll love all the other Joy books.

Please go to www.BringingJoyToTheWorld.com for more information.

Bringing Joy to Love and Forgiveness

Bringing Joy to Faith and Hope

Bringing Joy to Peace and Joy

Bringing Joy to Connecting
(Prayer, Meditation, Visualization & Affirmations)

Bringing Joy to Attraction and Appreciation

Bringing Joy to Abundance and Giving

Bringing Joy to Intuition and Chakras

Bringing Joy to Divine Guidance and Power

Bringing Joy to the World & Universal Mind

Bringing Joy to The Source and The Journey

Bringing Joy to Angels and Guides

Bringing Joy to Our Bodies and Death

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The Story Behind Joy

While I was going through the toughest time in my life, being forcibly separated from my young daughters and husband, I began a deep spiritual journey that helped me to survive. I immersed myself in all kinds of spiritual reading so that I could mentally escape my jail cell. My family and I were apart for almost four years before the charges were dropped and the cases closed. The irony is that although I was behind bars, I was able to free my heart and mind.

One of my daily activities was meditating three to four times a day. It was during these meditations that the Joy stories came to me. When I had absorbed so much information about a specific spiritual topic, these stories were “downloaded” to me and then the pictures I should draw came in later meditations. I began writing and drawing these stories for my young daughters. It gave me great pleasure and I spent hours on each little story. The girls loved them and got very excited every time they got a new Joy story. Sergio would sit down in the evenings with the girls and read them the latest Joy book I had sent.

This added another means of communication with my daughters, another way of staying connected to them, even though I was 5,500 miles away. In total, we were separated from each other for 1400 days, or approximately 3 years, 10 months. That is a VERY long time in the life of two girls who were 6 and 8 when this ordeal began.

The incredible part was that as they read the Joy stories, they began to understand all these spiritual topics and it helped them to get through their tough time too. Joy is very special to our family. She helped us to manage through such a difficult time and we all grew and learned from the stories and could apply what she taught in each story to our lives.

It is now my biggest dream and pleasure to share these Joy books with the world. Joy is here to help us learn that love is the strongest power in the world and how we can change our lives when we understand how the Universe really works.

Joy is not just a book, it is a journey. My family and I hope you enjoy this journey and may it bring lots of Joy to your life!

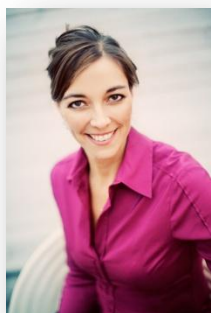
Much love,



Karin Volo

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About the Author



Karin Volo is a transformational author and an expert in career and personal development. She uses her professional skills and draws from her personal experiences to help individuals and companies thrive through difficult transitions. Her clients say she is professional, inspiring, dedicated, persistent, and determined. Karin's passion is helping people better their lives through sharing all she has learned on her own journey.

Karin is also a dedicated mom and wife. Her family is her greatest source of joy. "Live a life with a fabulous view" is Karin's motto. She loves to help others break through the bars that have restrained them for too long and find their way to their own fabulous view.

To receive her bi-monthly newsletter, *Inspiring Lives*, full of inspiring stories and resources, subscribe at www.InspiringYourVeryBest.com. Her purpose is to inspire and teach others to thrive through tough times to discover and create their dream lives.

The *Bringing Joy...* series is a collection of spiritual picture books that Karin created during the toughest time in her life. Karin is finalizing her inspirational memoir and will be Bringing Joy to the World with her series of books.

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